

THE ARGENTINIAN TIMES

THE OFFICIAL NEWSLETTER
OF PROJECTS ABROAD
ARGENTINA

ProjectsAbroad



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Editorial

I hope that this fills you up with energy to make you believe that in life nothing is impossible!



Volunteers Do Their Part during National Volunteer Week

National Volunteers' Week is an annual event which celebrates the fantastic contribution that millions of volunteers make across the world. The week plays a huge part in raising the profile of the millions of volunteers who regularly contribute to society, while inspiring others to get involved too.

Projects Abroad Argentina prepared for this year's USA Volunteer Week (April 10-16 2011), a week established in 1974 that celebrates ordinary people who accomplish extraordinary things through service. By organising additional activities throughout National Volunteer Week, Projects Abroad hopes to help volunteers build relationships with locals and extend an American tradition to international communities. When volunteers return home we hope they will initiate lasting service projects in their own communities.

In Argentina, we used this opportunity to highlight a special project we've been participating in since January 2010 - the Adobe Construction. A local school in Rio Ceballos is building eight adobe classrooms as part of a project to build an environmentally friendly school. Adobe is a natural building made from sand, clay, and water, with some kind of fibrous or organic material (sticks, straw, dung), which is shaped into bricks using frames and dried in the sun. Adobe structures are extremely durable and account for some of the oldest extant buildings on the planet. With no support from the government they need as much help as possible. Supportive of all environmentally friendly initiatives, Projects Abroad have been bringing volunteers to participate in the building of the project to help make one dream come true.

Many more dreams await your help!

Vanessa Offredi
Social Manager & Volunteer Coordinator



Argentina's northwest is the most indigenous region. It is here you will notice the influence from the country's Andean neighbors, rather than the European vibe of the urban areas. Near the border of Chile, in the province of San Juan, is a can't miss destination.

Parque Provincial Ishigualasto, popularly known as the Valle de la Luna (Valley of the Moon), is a protected 62,000 hectare desert. Many visitors to Argentina skip the magnificent desert landforms at this paleontological site, for larger cities like Buenos Aires and Mendoza. Be smarter than them, as this immense basin has many fascinating shapes of rock dotted throughout the park's other worldly terrain. The views of the park are mind-blowing. The park, named after a Huarpe Indian chief, has an average altitude of 1200 m and is set between the scarlet red Barrancas Coloradas to the east and the green, black, and grey rocks of Los Rastros to the west. The basin is full of sandstone and mustones, and the vegetation is arid bushes. While visiting, you may be lucky enough to see guanacos, vizcachas, Patagonian hares, red foxes and rheas.

However, the parks true appeal lies in the 250 million years of strata that is visible where fossils from all the geological periods have been found. The Late Triassic (Carnian) deposits of the Ischigualasto Formation contain some of the oldest known dinosaur remains, with the world's best in quality, number, and importance of finds. Among the fossils is the famous Eoraptor, a 225 million year old dinosaur. If this fascinates you, the nearby Museo de Ciencias Naturales in San Juan has excellent exhibits.



Total Projects Abroad Donations in 2010!

Every month many donations are done by Projects Abroad to many of the placements we work with in Cordoba province. In 2010 Projects Abroad donated over 40 923.87 pesos to placements to help them with daily life or buy something special. This year we have so far donated 19 432.92 pesos and bought over 3803.58 of materials for volunteers.

These donations have helped our placements develop and we hope to help even more people in 2011!

Testimonials!

“My overall experience was amazing. I learned so much and after seeing all the kids and the conditions they live in it really changed my perspective on life and made me realize how lucky I am. I felt very well taken care of by Projects Abroad and found that it was very easy to fit in. I very much recommend this experience because it changed my life!”

Maria Paula Rocha, Canada (2 months, Care)

“Très belle expérience humaine et dans les meilleures conditions (vivre avec une famille argentine). L'expérience vécue était même au-delà de mes attentes, car à la Casa Ronald Mc Donald nous avons eu l'occasion de partager des moments forts en émotions avec des enfants et des parents. Par ailleurs, avant de partir nous avons fait une collecte et souhaitons aider des organismes/ associations locales. Notre superviseur, Roman Lescano, nous a beaucoup aidé dans ce projet tant pour le choix des associations à aider, que pour ses conseils et sa disponibilité totale. Un grand merci à lui. En définitive, ce fut une expérience inoubliable que je recommanderai vivement.”

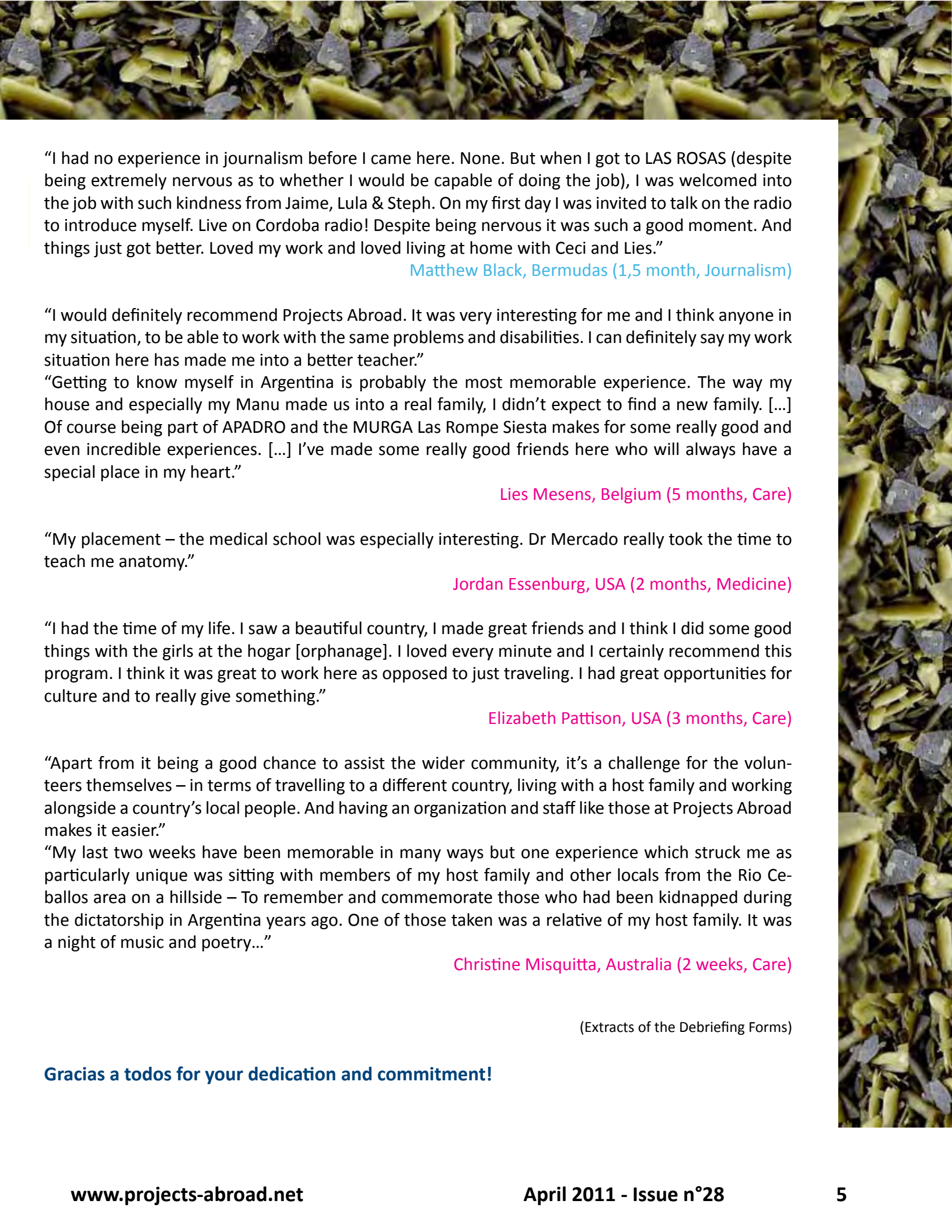
Virginie de Finance, France (1 month, Care)

[Most valuable experience] “Everything? No at work there was a girl with a physical handicap so she had never walked. When she's on the horse she is so happy and one time she said: “you know why I love horse riding so much? It feels like I can finally walk and run on my own”.

Franka Verbruggen, Belgium (3 months, Equinetherapy & Medicine)

[Most valuable experience] “My placement. It was very fulfilling and rewarded working with and getting to know the children at Ricardo Nasiff. Also enjoyed travelling around the country on my time off to learn and discover a new culture. My experience here was insightful and eye-opening”.

Lauren Cornwall, UK (2,5 months, Teaching)



“I had no experience in journalism before I came here. None. But when I got to LAS ROSAS (despite being extremely nervous as to whether I would be capable of doing the job), I was welcomed into the job with such kindness from Jaime, Lula & Steph. On my first day I was invited to talk on the radio to introduce myself. Live on Cordoba radio! Despite being nervous it was such a good moment. And things just got better. Loved my work and loved living at home with Ceci and Lies.”

Matthew Black, Bermudas (1,5 month, Journalism)

“I would definitely recommend Projects Abroad. It was very interesting for me and I think anyone in my situation, to be able to work with the same problems and disabilities. I can definitely say my work situation here has made me into a better teacher.”

“Getting to know myself in Argentina is probably the most memorable experience. The way my house and especially my Manu made us into a real family, I didn’t expect to find a new family. [...] Of course being part of APADRO and the MURGA Las Rompe Siesta makes for some really good and even incredible experiences. [...] I’ve made some really good friends here who will always have a special place in my heart.”

Lies Mesens, Belgium (5 months, Care)

“My placement – the medical school was especially interesting. Dr Mercado really took the time to teach me anatomy.”

Jordan Essenburg, USA (2 months, Medicine)

“I had the time of my life. I saw a beautiful country, I made great friends and I think I did some good things with the girls at the hogar [orphanage]. I loved every minute and I certainly recommend this program. I think it was great to work here as opposed to just traveling. I had great opportunities for culture and to really give something.”

Elizabeth Pattison, USA (3 months, Care)

“Apart from it being a good chance to assist the wider community, it’s a challenge for the volunteers themselves – in terms of travelling to a different country, living with a host family and working alongside a country’s local people. And having an organization and staff like those at Projects Abroad makes it easier.”

“My last two weeks have been memorable in many ways but one experience which struck me as particularly unique was sitting with members of my host family and other locals from the Rio Ceballos area on a hillside – To remember and commemorate those who had been kidnapped during the dictatorship in Argentina years ago. One of those taken was a relative of my host family. It was a night of music and poetry...”

Christine Misquitta, Australia (2 weeks, Care)

(Extracts of the Debriefing Forms)

Gracias a todos for your dedication and commitment!

Project Articles

The following articles are contributed by volunteers sharing their experience in Argentina.



LAS ROSAS

LAS ROSAS...

Matt Black, BERMUDA (Journalism, 1,5 month) & Stephanie de Graeve, BELGIUM (Journalism 3 months)

“Hola hola, muy buenas tardes, estás en Las Rosas radio 107.3 fm! Arrancamos esta tarde con toda la musica que quieres escuchar” is probably the most memorable sentence we’ll think of when we’re thinking back on this wonderful experience. Working as volunteers for a radio station is completely different to any of the other volunteering options in Cordoba. This is fashion! Las Rosas has nothing to do with poverty, orphans or social care. We were plunged into Cordoba’s cultural, social and musical scenes. Las Rosas is not only one of Cordoba’s biggest radio stations, but it also runs a magazine, website, modeling agency, its own bar and also organises huge events at ‘Chateau’ – guaranteed best night out in Cordoba.

Matt, my colleague from Bermuda, and I were lucky to work as ‘neighbours’ at the radio department. As volunteers we got a lot of responsibility and our input was always appreciated. Most of the time we got the green light and we could talk on the radio and write about stuff we considered interesting. We were even able to publish several articles for the website and magazine. The magical ingredient for a good experience here was being proactive; so we were. You don’t have to have previous experience in journalism to do this course - as Matt proved. But you do need a decent level of Spanish if you want to be productive. And if you do have experience in journalism this will be, without a doubt, a good addition to any CV and is at the same time a very unique experience. If you’re not into radio or magazine, Jaime – our boss – always makes it clear that you are welcome in any department of the company which includes event management, photography, graphic design and so on.



About our daily schedule: we had pretty relaxed hours. Work was only from 3 to 7. This gave us the opportunity to visit the ancient city of Cordoba/recover from the night before. We profited from

the long weekends by enjoying carnival in Gualeguaychu, wine tasting in Mendoza, tango in Buenos Aires, and the breath taking Iguazu falls. Keep in mind that Argentina is a huge country. We had to take overnight buses to reach some of South America's most beautiful destinations. But it's not only about travelling on weekends. We found it important to stay some weekends in Cordoba and spend good quality time with our host families. This was key for integrating into the 'Argentinean' way of life and feeling part of the family. After all this, I've discovered my



second mother that I will never lose contact with. Dora, my Argentinean mom, was so proud when she heard me on the radio, she listened every day. Our host families did everything they could to make this your home away from home. Matt can't summarize how Cecilia treated him as her own son into one sentence. She even had her own nickname for him – 'Bombon asesino'. But again, it's down to you to make the effort at home. If you embrace the opportunity you will benefit from becoming part of a real Argentinean family – and it is also the best place to practice your Spanish.

You will never feel alone or left aside during your stay in Cordoba. Projects Abroad organises socials, dirty weekends and excursions to bring the many volunteers from around the city together. But try not to stick only to the same group of friends. Try and meet some locals to make your experience really authentic. It's not that hard either as they are always welcoming with foreigners. You will never feel like a stranger. When my Argentinean sister Cecilia invited some friends to the house, I was always part of the group and could join any conversation. Any volunteer could learn a lot from this culture.

Yet all good things come to an end. This is our last day at work and it's been sad to say goodbye. The Las Rosas staff is going to miss us, but one thing is sure, we're going to miss them more! LAS ROSAS... LOVE THIS PLACE, OH YES WE LOVE IT.



Siempre Adelante!
*Carine Adamoff & Virginie de
Finance, FRANCE (Care, 1 month)*

We are Carine & Virginie. We are from Paris, the French city of lights. We left our jobs for half a year to travel, meet different people and... volunteer! Thanks to Projects Abroad we are now volunteers in La Casa Ronald Mc Donald in Cordoba, taking care of children that are very ill. In a short time we'll be working in Peru to take care of animals in the wild jungle.

Before leaving our country, we got a collection of money together. We wanted to invest ourselves and personally lead a project of helping from the beginning to the end. Colleagues, friends and family gave us about 700€, with a lot of trust. We did not know exactly how we were going to use it but we knew for sure we wanted to help children. You have to wait and see until you are in the place. We thank our donators very much for their trust and generosity.

Roman, our Projects Abroad Coordinator, worked a lot to help us. He really invested himself, and nothing would have been possible without him. Thanks to his investigations we knew the needs of different organisations. Then we had the very hard task of choosing which to help... You feel terrible at that moment. But we got through! 700€ is more than 3500\$Ar; with that we could help two organisations! Great news!

First we helped the "House for girls", Quisquizacate in Cordoba. About 15 girls live there and we were touched while visiting the place. This house looks very depressing. There is a lot of humidity, dark floors, and dark paintings on the walls. That is why we decided to come back in order to brighten up the two common rooms: the dining hall and the TV room. The goal was to make this place more liveable. We choose two colours: light blue and light yellow. And, by the way, those are the colours of Argentina!



Roman helped us to do the shopping (scratch papers, painting, brushes, everything). We got lucky, the three volunteers from Projects Abroad working in the house enjoyed participating to the works with us! And, the last afternoon, even two more came to give a hand; a great thank you for the support of Roman, Mariana, Jacinta, Libbie, Franka and Shannon.

After three days of hard work and high emotions, we did it! The girls enjoy how it looks by now. The house is really lighter with happy colours. We also bought little things for everyday life: a tender



for clothes and baskets for the bathrooms; they had nothing like that. The last day, we spent a nice time with them, enjoying “Maté time” and playing together; what a pleasure to see them smiling!

We left all the materials and painting equipment at the house. Now, we hope that some other volunteers will keep on brighten up the place.

Then, we helped “Villa Libertador Rugby Club”. Villa Libertador is an extremely poor area near Cordoba. This organisation was founded by a former rugby player, Leo. It is amazing what this

man could do. This organisation now supports more than a hundred of kids! The main aim is teaching them rugby of course, but also make food for them three times a week. They needed everything for that: pot, strainer, plates, knives, forks, glasses. We were deeply touched by the action of Leo and choose to buy everything that was needed for the food. We came to Villa Libertador with Roman to realise the donation. We believe this donation is very useful and will last for years.

Now we have completed our mission here it is time for us to leave our placement, our Argentinean family and friends. We are very sad to go, but we feel a great satisfaction: success in our placement, and success in using the collection. It is a great thing to bring a little bit of comfort and share joy with people.

Suerte!



Argentina!
Kate Reinert, USA
(Equinetherapy & Care, 5 months)



When I decided to take a year off between graduating high school and starting college to volunteer in another country I didn't really know what to expect. I knew I wanted to go to a Spanish speaking country because I studied Spanish in middle school and high school and am going to continue to study it in college. I also knew that I

wanted to live in a home stay because, for as long as I can remember, my family in the US has hosted exchange students from different countries all over the world. My third major criterion for my time abroad was that I wanted my volunteer work to be working with people and/or animals in some way. With these three ideas in mind, I began my internet search (with much help from my mother) for a program that fit my needs.

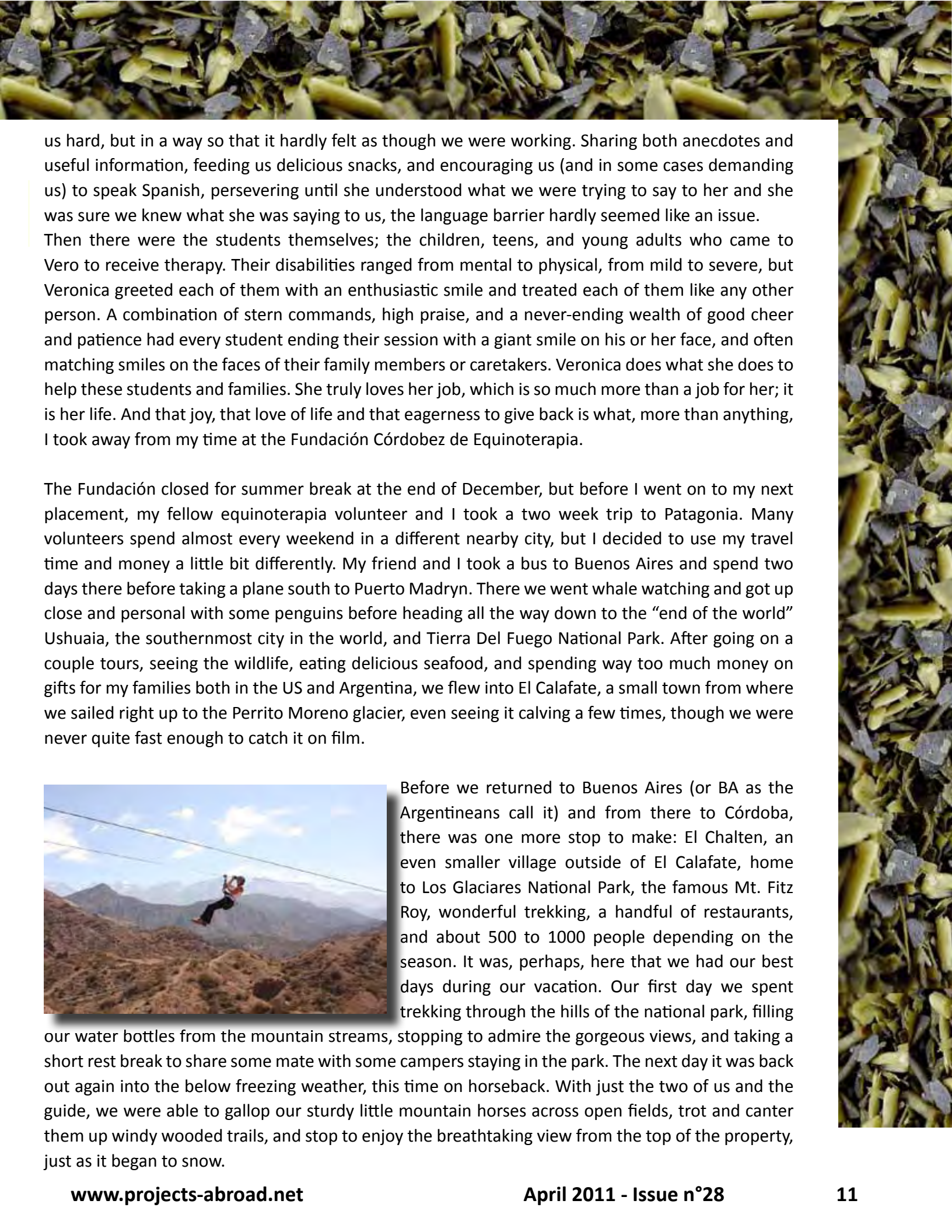
There are many, many volunteer abroad organisations out there, with many diverse programs in a myriad of different countries. Some we ruled out due to price, some to timing, others because they didn't have the kinds of programs I was interested. Then I came across the Equine Therapy project on the Projects Abroad website. It was as if the project had been tailored for me. For those of you who don't know, equine therapy is using horseback riding as therapy for people with physical, mental, psychological, and behavioural disabilities. I had spent the last summer working as a camp counsellor on the horse farm where I had been riding for seven years. I've also always loved working with children and with people with disabilities. In addition, Projects Abroad allowed me to choose my arrival and departure dates and included a home stay. It seemed like a perfect fit. And I was not disappointed.

The people I met in Argentina were very friendly and welcoming. From Sofia, one of the Volunteer Coordinators, who picked me up at the airport, and Vanessa, the Social Manager, who rescued me the first time I got lost taking the bus, to my host family who soon considered me another member of their family, to the other volunteers and the local Argentinians I



met during my stay there, I always felt as though I was a part of something. The most amazing experience, though, was working at the Fundación Córdoba de Equinoterapia.

Veronica, the owner of the Fundación, was the kind of person who could make you happier just by saying hello to you. Full of energy and with a perpetual smile on her face, she made everyone who came to the farm - whether student, parent, or volunteer - feel immediately at home. She worked

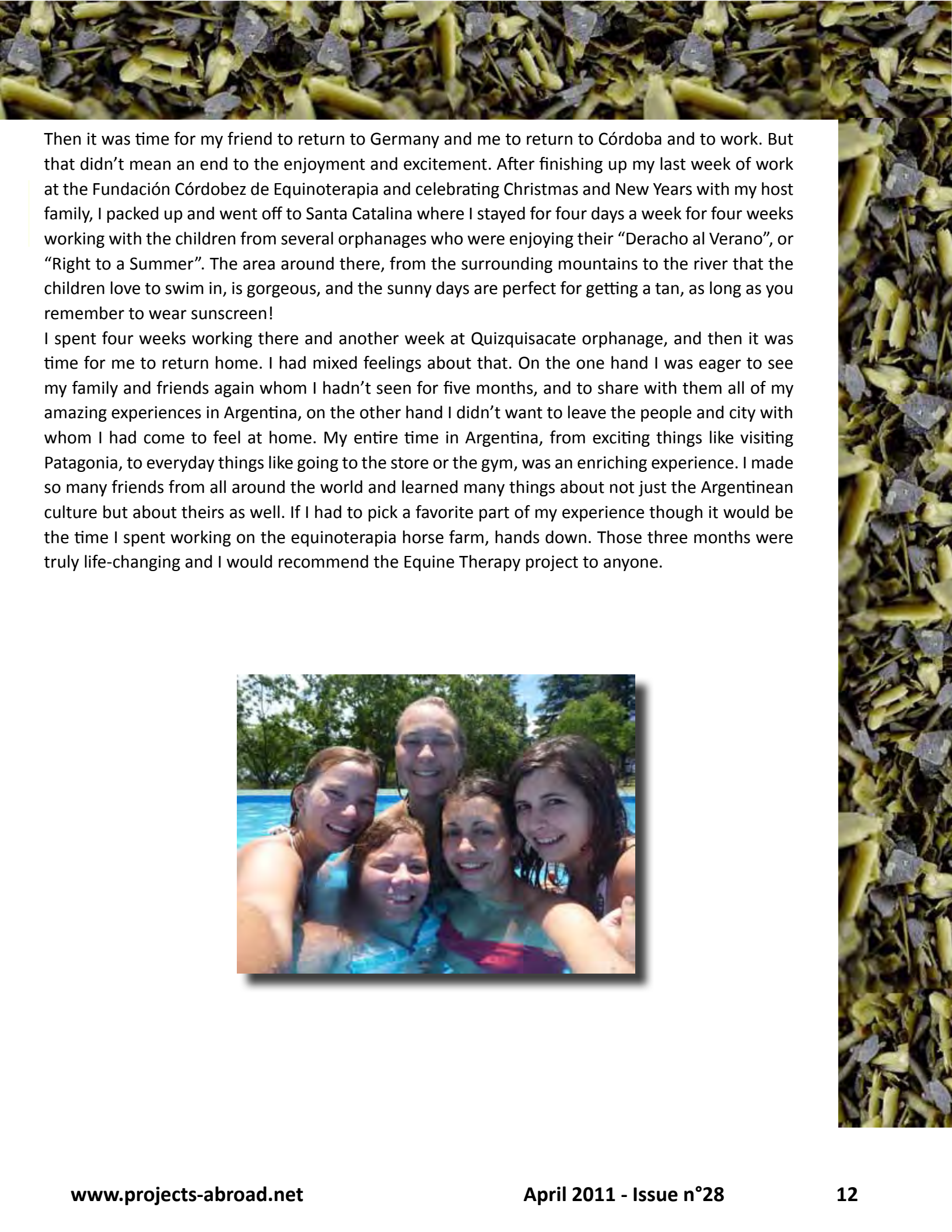


us hard, but in a way so that it hardly felt as though we were working. Sharing both anecdotes and useful information, feeding us delicious snacks, and encouraging us (and in some cases demanding us) to speak Spanish, persevering until she understood what we were trying to say to her and she was sure we knew what she was saying to us, the language barrier hardly seemed like an issue. Then there were the students themselves; the children, teens, and young adults who came to Vero to receive therapy. Their disabilities ranged from mental to physical, from mild to severe, but Veronica greeted each of them with an enthusiastic smile and treated each of them like any other person. A combination of stern commands, high praise, and a never-ending wealth of good cheer and patience had every student ending their session with a giant smile on his or her face, and often matching smiles on the faces of their family members or caretakers. Veronica does what she does to help these students and families. She truly loves her job, which is so much more than a job for her; it is her life. And that joy, that love of life and that eagerness to give back is what, more than anything, I took away from my time at the Fundación Córdoba de Equinoterapia.

The Fundación closed for summer break at the end of December, but before I went on to my next placement, my fellow equinoterapia volunteer and I took a two week trip to Patagonia. Many volunteers spend almost every weekend in a different nearby city, but I decided to use my travel time and money a little bit differently. My friend and I took a bus to Buenos Aires and spend two days there before taking a plane south to Puerto Madryn. There we went whale watching and got up close and personal with some penguins before heading all the way down to the “end of the world” Ushuaia, the southernmost city in the world, and Tierra Del Fuego National Park. After going on a couple tours, seeing the wildlife, eating delicious seafood, and spending way too much money on gifts for my families both in the US and Argentina, we flew into El Calafate, a small town from where we sailed right up to the Perrito Moreno glacier, even seeing it calving a few times, though we were never quite fast enough to catch it on film.



Before we returned to Buenos Aires (or BA as the Argentineans call it) and from there to Córdoba, there was one more stop to make: El Chalten, an even smaller village outside of El Calafate, home to Los Glaciares National Park, the famous Mt. Fitz Roy, wonderful trekking, a handful of restaurants, and about 500 to 1000 people depending on the season. It was, perhaps, here that we had our best days during our vacation. Our first day we spent trekking through the hills of the national park, filling our water bottles from the mountain streams, stopping to admire the gorgeous views, and taking a short rest break to share some mate with some campers staying in the park. The next day it was back out again into the below freezing weather, this time on horseback. With just the two of us and the guide, we were able to gallop our sturdy little mountain horses across open fields, trot and canter them up windy wooded trails, and stop to enjoy the breathtaking view from the top of the property, just as it began to snow.



Then it was time for my friend to return to Germany and me to return to Córdoba and to work. But that didn't mean an end to the enjoyment and excitement. After finishing up my last week of work at the Fundación Córdoba de Equinoterapia and celebrating Christmas and New Years with my host family, I packed up and went off to Santa Catalina where I stayed for four days a week for four weeks working with the children from several orphanages who were enjoying their "Deracho al Verano", or "Right to a Summer". The area around there, from the surrounding mountains to the river that the children love to swim in, is gorgeous, and the sunny days are perfect for getting a tan, as long as you remember to wear sunscreen!

I spent four weeks working there and another week at Quizquisacate orphanage, and then it was time for me to return home. I had mixed feelings about that. On the one hand I was eager to see my family and friends again whom I hadn't seen for five months, and to share with them all of my amazing experiences in Argentina, on the other hand I didn't want to leave the people and city with whom I had come to feel at home. My entire time in Argentina, from exciting things like visiting Patagonia, to everyday things like going to the store or the gym, was an enriching experience. I made so many friends from all around the world and learned many things about not just the Argentinean culture but about theirs as well. If I had to pick a favorite part of my experience though it would be the time I spent working on the equinoterapia horse farm, hands down. Those three months were truly life-changing and I would recommend the Equine Therapy project to anyone.





Argentina!
Emilie Pagenot, FRANCE
(Care, 2 months)

J'ai décidé de partir en mission humanitaire en Argentine car c'est un pays qui m'a toujours attiré et je voulais réellement rencontrer et faire partie de la

population. Quoi de mieux que de vivre dans une famille argentine et de travailler avec les enfants du pays ??

Mon intégration s'est faite très rapidement grâce à ma famille d'accueil qui a été très chaleureuse et surtout grâce à l'excursion organisée par Projects Abroad dès le lendemain de mon arrivée, où j'ai pu rencontrer un grand nombre de volontaires. Les liens se sont très vite tissés et j'ai pu fêter dignement le nouvel an avec ma famille et ensuite avec tous les autres volontaires. Etant arrivée le 30 décembre j'avais un peu peur de passer le nouvel an seule !!!

J'ai commencé ma mission par le camp d'été à Santa Catalina. 4 jours par semaine, du lundi au jeudi, je partais donc pour Santa Catalina avec quelques autres volontaires. Des enfants de plusieurs instituts de Cordoba venaient passer l'été au camp, ce qui m'a permis de faire connaissance non seulement avec les enfants avec qui j'allais travailler, mais aussi avec ceux des autres instituts. Il y avait des enfants de 4 à 17 ans et ce fut un réel plaisir de pouvoir les voir s'amuser tous ensemble et profiter de cet immense espace vert et de la rivière. J'ai tout de même dû m'habituer à la violence verbale et quelques fois physique entre les enfants. En effet, il y a de nombreuses bagarres et altercations et nous devons souvent les séparer mais heureusement les enfants ne sont pas rancuniers et recommencent à jouer tranquillement très vite après. Ce mois en camp d'été restera pour moi un souvenir très fort.



De retour à Cordoba j'ai commencé à travailler dans l'institut préadolescent avec de jeunes garçons de 8 à 12 ans. Les débuts n'ont pas été faciles, j'avais quelques appréhensions car je n'avais jamais travaillé avec des garçons de cet âge-là. Mais une fois leur confiance gagnée, cela s'est vite transformé en moments de partage. Jeux de cartes, jonglages, parties de foot, j'ai même pu bénéficier d'un cours de danse typique, une vraie passion là-bas. Cela change de nos danses européennes, on peut dire qu'ils savent bouger en Argentine !!

J'ai aussi eu le temps de visiter le nord de l'Argentine, immense pays rempli de surprises et d'endroits magnifiques. J'ai vraiment pu apprécier la beauté de ce pays. L'avantage avec Projects Abroad, c'est

que nous rencontrons d'autres volontaires, notamment grâce aux évènements organisés chaque semaine, et avec bien souvent la même envie de découvrir le pays. Voyager accompagnée, c'est



quand même plus sympa !! J'ai donc pu visiter Buenos Aires, Mendoza et sa route des vins, Iguazu et ses cascades spectaculaires, Salta et ses impressionnantes montagnes et faire un petit tour sur les plages d'Uruguay. Paysages tout autant spectaculaires que variés.

Je suis donc revenue en France avec plein de bons souvenirs et de belles images en tête. Ce fut une expérience très enrichissante humainement et culturellement que je recommande à tous !!!!



Socials & Dirty Weekends

In April we had many Social meetings. Amongst all these wonderful moments with the volunteers we visited La Cumbrecita, had drinks, listened to live music at La Fabrica Cultural, took a Tango lesson, saw a Polo game & participated in a Adobe construction. Thanks to all of you who take the time and effort to attend our Socials as you make it possible to have a good time together!

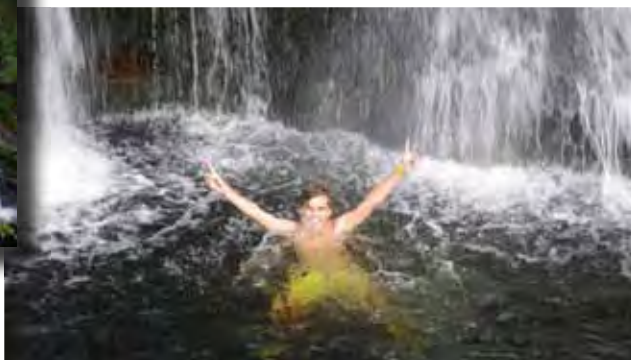


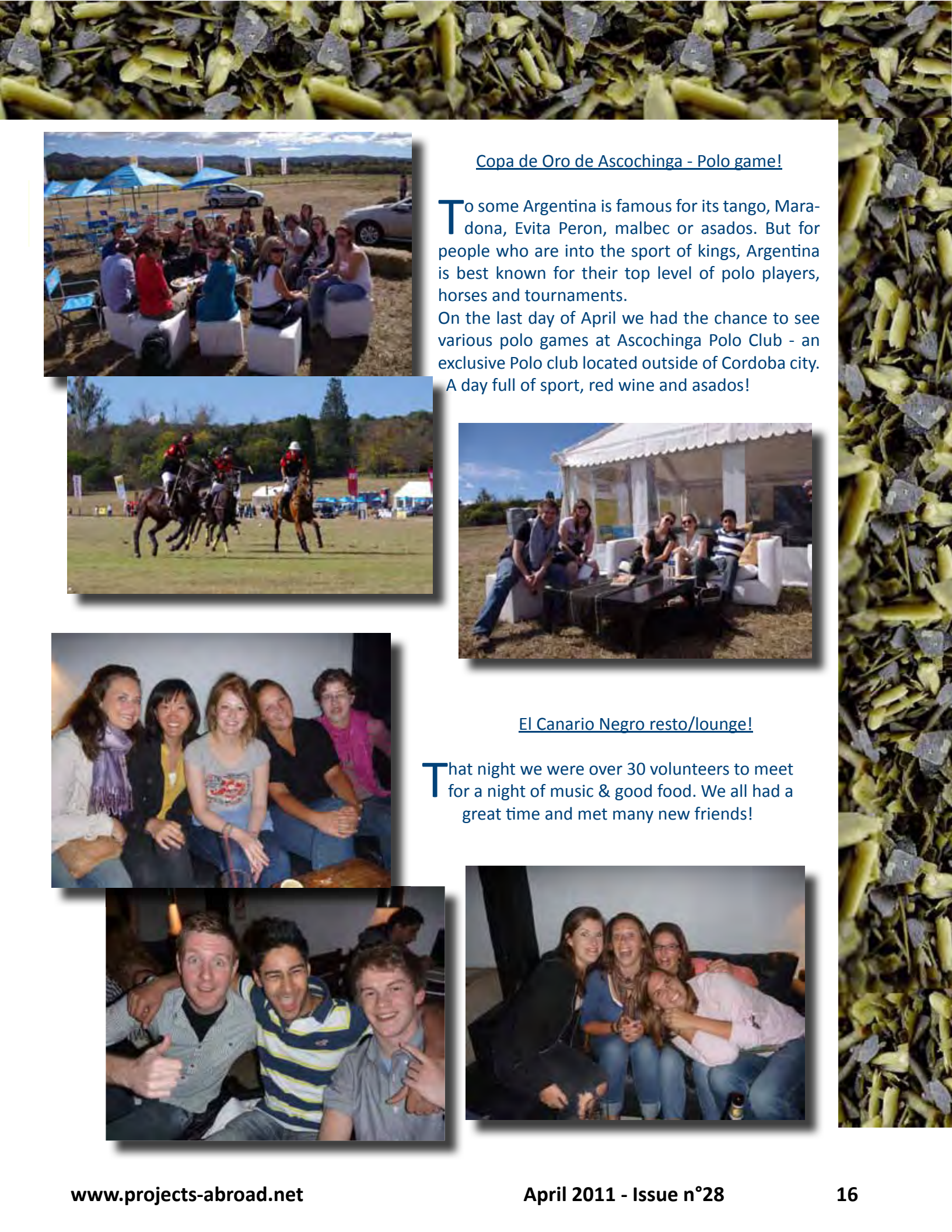
La Cumbrecita!

On Saturday April 2nd, Projects Abroad volunteers and I met at Cordoba bus Terminal to head off the beaten track to La Cumbrecita. La Cumbrecita is a small mountain side village surrounded by waterfalls, rivers and pines. Unlike Cordoba, La Cumbrecita is a pedestrian only village that conserves its German heritage and Alpine style.

We spent the day hiking around town and to the fresh springs. We discovered the beauty of La Olla which is the closest swimming hole in town, but options are unlimited if you are willing to hike around. About a 25 minute hike from town is La Cascada Grande, one of the three waterfalls nestled in the mountain side. Cerro La Cumbrecita (1400m) is the highest point in town and Cerro Wank (1715m) is the highest peak.

This day out of town was also an opportunity to eat some great food! We had an amazing lunch in a restaurant called La Roc-k and later on in the afternoon we got our taste buds wagging when we took shelter from the rain in a traditional teahouse hidden by the river. It was truly a great day and I would like to thank all the volunteers who came to La Cumbrecita!





Copa de Oro de Ascochinga - Polo game!

To some Argentina is famous for its tango, Maradona, Evita Peron, malbec or asados. But for people who are into the sport of kings, Argentina is best known for their top level of polo players, horses and tournaments.

On the last day of April we had the chance to see various polo games at Ascochinga Polo Club - an exclusive Polo club located outside of Cordoba city. A day full of sport, red wine and asados!



El Canario Negro resto/lounge!

That night we were over 30 volunteers to meet for a night of music & good food. We all had a great time and met many new friends!





Milonga Rosa Morena - Tango Class!

We had a great time all together learning the secrets of Tango...



La Fabrica Cultural!

We were over 35 to meet for a night of electro folk music, good food and great ambiance!





SPECIAL PAST DIRTY WEEKEND! *National Volunteer Week - Adobe Construction!*

We would like to thank all the volunteers who helped out. Muchas gracias to Matthew Lim, Axelle De Preaudeau, Camilla Mustad, Cecilie Sommer, Laura Beich, Andrew Friedenber, Carina Druce, Victoria Brown, Vibeke Schmidt, Jacinta Cox, April Lee, John Hamilton, Leonie Vrugtman, Johannes Czernin, Benedicte Meyer, Suzanne Schmidt, Charlotte Horne, Zubair Shehraz, Shelby Coulter, Thea Johanne Kogstad, Jacques Senseschall, Christiane Doerschel & Claire Masade.



Argentinean Cuisine

Torta de ricota!

Usually served as a cold appetizer, vitel toné consists of slices of veal in a tuna sauce. While veal and tuna may seem like an odd pairing, I assure you that the creamy and slightly tangy sauce really does compliment the meat, and the assertive flavours of tuna and anchovy are mellowed by the cream and the mayonnaise. Give vitel toné a try, and savor some of Argentina's Italian heritage in every bite.



Ingredients

For sauce:

1 (5 oz.) can of tuna, packed in water

6 anchovy fillets

3 Tbsp. white vinegar

freshly ground black pepper, to taste

1 c. mayonnaise

1 Tbsp. Dijon mustard

1/2 cup cream

reserved poaching liquid, as necessary

For garnish:

1 Tbsp. flat-leaf parsley, chopped

2 Tbsp. capers

Preparation (Serves 8-10 as appetizer)

For poaching the meat: Trim fat and silver skin from meat. In a deep, heavy pot, add onion, carrot, celery, scallion, parsley, garlic, bay leaf, black pepper and salt along with enough water to cover the meat. Cover pot, bring water to a boil, then add meat. Return to a boil, cover, reduce heat, and gently simmer for about 1 1/2 hours. Remove from heat, set aside, and allow meat to completely cool in the poaching liquid. Strain and reserve the poaching liquid. Wrap the meat tightly in plastic wrap, and refrigerate until well chilled (overnight is best).

For the tuna sauce: Drain tuna and put into a food processor with anchovies and vinegar. Season with freshly ground black pepper. Add the mayonnaise and Dijon mustard. Process until it becomes a creamy, beige-colored sauce. Add the cream, and pulse lightly to incorporate it into the sauce. Add a few tablespoons of poaching liquid from meat if you need to thin the sauce a bit.

Carefully cut the meat into uniformly thin slices. Spread some of the tuna sauce on the bottom of a serving platter, and then layer the meat, slightly overlapping the slices. Cover the meat with sauce, and continue layering meat slices and sauce. Repeat until all the meat is used. Leave enough sauce to cover top layer. Garnish with capers and chopped parsley. Refrigerate, tightly covered, for at least 2 hours to allow flavors to develop. Remove from the refrigerator at least 15 minutes prior to serving to take a bit of the chill off the dish.

¡Buen provecho!

What?	Where?	When?
Day of the Virgin of Luján	National Basilica of the Virgin of Luján, Luján	May 8th
Every year, millions travel by foot, bus or car to the National Basilica of the Virgin of Luján on 8 May, the day of the Virgin of Luján. See floods of worshippers paying homage to Argentina's patron saint in Luján.		
Quilmes Rock	GEBA Jorge Newbery, Buenos Aires	April & May 2011
Quilmes Rock returns to Buenos Aires' GEBA Jorge Newbery club with a bang every year. Big international groups and Argentina's very own rock sensations make up the headliners.		
Buenos Aires Book Fair	Buenos Aires	April 20th-May 9th
More than a million bibliophiles and publishing professionals head to La Rural exhibition complex for the annual Buenos Aires Book Fair. Buy literature in all languages, attend debates, book signings or workshops. There are educational activities for children too.		
El Superclásico: Boca vs River	Boca Stadium, Buenos Aires	May 15th
Two football-mad halves of a football-mad city meet twice a year for the great superclásico matches. More than 65,000 fans stream into the stadium to watch Buenos Aires rivals Boca Juniors (Maradona's team) and River Plate fight it out.		
Rally Argentina - FIA World Rally Championship	Villa Carlos Paz, Cordoba	May 27th - 29th
Argentina sports some of the highest and roughest terrain known to the World Rally Championship. Watch figure-of-eight courses, three-car super special stages and other events at the annual Rally Argentina, held in the countryside surrounding Villa Carlos Paz, in Córdoba.		

There are many things to see in Cordoba, here are a few places that are worth checking out!

Museo Municipal de Bellas Artes "Dr. Genaro Perez"

Founded in 1943, this museum has one of the most complete and best conserved Argentine art collections done by the precursors of the 19th and the 20th century art to our days.

Av. General Paz 33. Tel. 4285905

Entrance fee: Free

Feria Artesanal Paseo de las Artes

Achaval Rodriguez esq. Belgrano – Barrio Guemes

Hours: Saturdays & Sundays from 6 PM to 10 PM.

Tourist office: Casa Cabildo

Independencia 5

Tel: (0351) 4341200

Hours: Mondays to Sundays from 8 AM a 8 PM

Birthdays!

Bienvenidos a Argentina!



And this time the greetings go to: Kayleigh O'Neill, Robyn Klijn, Dana-Marie Barrios, Sarra Ben Tkhatat, Alma-Kori Felber, Shaun Connor, Morgane Le Lostec, Evelien Bulder, Yoshiki Isobe, Nancy Tegas, Catharina Koopman, Suzanne Schmidt, Vibeke Schmidt, Zachary Williams, Mark Busani, Franka Verbruggen, Mena Grossmann, Laura Hollier, Jacinta Cox, Matthew Mackenzie, Matthew Lim, Kathryn Reinert, Emilie Pagenot, Jessica Menelon, Hans van Boudestein, Christian Marvel, Anna Cossey, Lydia Seyler, Caitlin Kennedy, Marie Fouré, Philippe Bannier, Cameron MacLeod, Thomas Mayo, Hong De Sa, Thomas Hedley, Mitchell Launsen,

Michelle Jimenez, Marina Masciale, Rebecca Tatte, Margot van Keulen, Filipa Oliveira, Mark Nieuwenhuijs, Tresa Morris, Richard Bakker, Elizabeth Webley, Dawris Zehden, Michael Karafotias-Gibson, Paul Anderson, Elodie Baudin, Benjamin Heller & Abby Kremer.

Feliz cumple to all of you!